



The Adult Day Health Care Team

- Program director
- Registered nurse
- Social worker
- Psychologist
- Physical, occupational and speech therapists
- Dietitians
- Pharmacist
- Certified nursing assistants
- Support staff.



Adult Day Health Care Program



Adult Day Health Care
Center for Rehabilitation and Continuing Care Services
1650 Champlin Avenue, Utica
315-624-4520



Our Mission...

is to provide those who are entrusted to our care with a supportive, nurturing and family-centered environment. The program promotes wellness, independence and self-esteem, and celebrates the value of the individual.



A Medical Model

St. Luke's Home's Adult Day Health Care Program is a community-based long-term care program that provides comprehensive health care with therapeutic, social, educational and recreational activities. The program enhances the lives of the frail elderly, chronically ill and disabled adults while maintaining their residence in the community. We provide a period of respite for family caregivers.

Services

Registrants are offered a wide range of services under the direct supervision of a registered nurse and the registrant's physician. These services are provided or arranged during program hours:

- Nursing care
- Nutritious meals
- Physical, occupational and speech therapy
- Aqua therapy
- Case management
- Social work
- Psychological counseling
- Therapeutic activities
- Podiatry
- Health education
- Pastoral care
- Laboratory services
- Pharmacy
- Barber/beautician services.

A Busy, Active Day

Recreational and social activities include outings, shopping trips, religious services, pet therapy, entertainment and holiday events. We offer group exercise, walk groups and individualized exercise programs. Registrants also participate in community events and fundraisers.

Transportation

We provide door-to-door transportation for Adult Day Health Care registrants within a 10 mile radius of the program. The bus accommodates wheelchairs and assistive devices.

Hours of Operation

Monday through Friday
from 8 a.m. to 4 p.m.

Questions?

We welcome your questions and encourage you to tour our facility and meet our staff. Please call us at **315-624-4520** or visit us at the Center for Rehabilitation and Continuing Care Services, 1650 Champlin Avenue, Utica.