

Respite Services

MVHS ADHC respite services are designed to provide caregivers freedom and peace of mind while knowing that their loved one is in a safe and nurturing environment. Respite care is a short-term solution for seniors who need supervision and medical care while their caregivers go out of town or are unable to provide care.

Our Staff

MVHS ADHC provides specialized care from staff members trained in caring for adults with dementia and Alzheimer's Disease. The team is composed of:

- Certified nursing assistants
- Dieticians
- Pharmacist
- Physical, occupational and speech therapists
- Program director
- Psychologist
- Registered nurse
- Social worker
- Support staff.

Transportation

We provide safe, door-to-door transportation for ADHC registrants within a reasonable distance to the program. The bus accommodates wheelchairs and assistive devices and are driven by our own staff.



ADULT DAY HEALTH CARE
Center for Rehabilitation and
Continuing Care Services
1650 Champlin Avenue
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mvhealthsystem.org/adhc

Adult Day Health Care



Our Mission...

is to provide those who are entrusted to our care with a supportive, nurturing and family-centered environment. The program promotes wellness, independence and self-esteem, and celebrates the value of the individual.



A Medical Model

The Adult Day Health Care Program (ADHC) is a community-based, continuing care program that provides comprehensive healthcare with therapeutic, social, educational and recreational activities. The program enhances the lives of frail, elderly, chronically ill and disabled adults while allowing them to remain in their homes throughout the community.

Services

Registrants are offered a wide range of services under the direct supervision of a registered nurse and the registrant's community physician. These services are provided or arranged during program hours:

- Nursing care
- Nutritious meals
- Physical, occupational and speech therapy
- Onsite medical providers
- Case management
- Social work
- Therapeutic activities
- Podiatry
- Health education
- Pastoral care
- Laboratory services
- Pharmacy
- Barber/beautician services
- Wound care
- Diabetes management
- Colostomy care
- Tube feeding
- Respiratory maintenance.



A Good Day

Our ADHC service has a variety of offerings and programs which are developed individually for the registrants' needs and capabilities. MVHS ADHC provides an active or quiet experience, depending on the registrant's preference. Recreational and social activities include outings, shopping trips, religious services, pet therapy, entertainment and holiday events. We offer group exercise, walking groups and individualized exercise programs. Registrants also participate in community charity events.