

What We Provide

- Patient/resident-centered care tailored to individual needs where families are highly involved in care and discharge planning for patients and residents
- Car transfer training to promote independence and confidence for discharge home
- A family-centered environment is created through the use of our fine dining room or larger Soggs Room for family dinners, birthdays or anniversaries
- Play ground on site for intergenerational interaction
- Courtyards and a walking trail in a park-like setting to give patients the opportunity to train in a variety of real-life situations
- Wi-Fi throughout the facility and computers are available in the library.

Discharge Planning

Discharge planning begins as soon as the patient arrives at St. Luke's Home. Our social worker provides support throughout the stay and concludes with a formalized plan that is presented by a registered nurse to both the patient and his/her family. This process ensures a safe and comfortable departure once therapy is completed.

For information on:

Subacute Rehab Referrals

315.624.8607

Home Care Services

315.624.HOME (4663)

St. Luke's Home

315.624.8600 Phone

315.624.8698 Fax

Subacute Rehabilitation Unit



St. Luke's Home
Center for Rehabilitation & Continuing Care Services
1650 Champlin Avenue, Utica, New York 13502
www.faxtonstlukes.com





St. Luke's Home is a 202-bed facility with a 40-bed subacute rehabilitation unit. With a team approach, we work together to meet our patients' goals of becoming stronger, more functional and returning home quickly.

The rehabilitation unit provides 24-hour skilled nursing, superior quality rehabilitation services and an interdisciplinary team that coordinates services to provide for a safe and effective discharge to home.

Our Team

You and your family are the center of our team. You are actively involved in establishing goals, participating in therapy and planning for discharge.

Our **physiatrist** is a physician specially trained in physical medicine and rehabilitation who will direct your treatment plan.

Occupational therapists focus on your ability to perform everyday living tasks such as dressing, bed mobility and home management skills (i.e. cooking, laundry, paying bills, etc.).

Physical therapists help you improve your ability to perform activities such as standing, walking, wheelchair mobility and training in mobility devices and braces. They help you regain strength, endurance and balance.

Speech therapists treat language, memory and speech disorders that interfere with communications. Swallowing disorders are evaluated through videofluoroscopies and other swallowing assessments at the nearby St. Luke's or Faxton Campuses.

Nurses are available 24 hours a day and are trained to support rehabilitative care including

therapy follow-through. The nurses address issues involving medication, pain management, risk factor modification, bowel and bladder issues, skin breakdown, wound care and self care skills. In addition, they are trained to accommodate patients who require dialysis, a ventilator, have a tracheotomy or IVs.

Dietitians provide nutrition education for improved health by communicating with your doctor.

Social workers initiate a social history and incorporate your goals in the plan of care. They also provide emotional support and education when planning for discharges, which include providing information about available community resources and services, such as durable medical equipment, nursing services and home health care.

Our **recreational therapists** promote personal enjoyment through individual choices of past and present leisure interest.

A clinical psychologist, psychiatrist, dentist, podiatrist, pulmonologist, optometrist and our medical director are also available to address your needs.