

ABC

AFTER BREAST CANCER SUPPORT NETWORK

Established by Karen Christensen in 1990

There is strength in a group that is greater than each of its members

APRIL/MAY 2019

Affiliate of the Mohawk Valley Health System, Utica, NY

Note:

All ABC meetings, unless otherwise noted, are held at Mohawk Valley Health System (MVHS) Center for Rehabilitation and Continuing Care Services (CRCCS), Community Room, located at 1650 Champlin Avenue, Utica.

Calendar:

Saturday, April 13, 2019, 11 a.m.

Melanie Francis, senior community development manager, has been with the American Cancer Society for three years. She currently manages four Relay For Life events in Utica, Madison County, Herkimer County and Camden. Additionally, she partnered with Saranac to develop a three part summer series called Burgers & Brews, with funds raised benefiting the American Cancer Society. She will join us to discuss Relay for Life and how we can get involved in the fight against cancer.

The American Cancer Society Relay For Life movement is the world's largest peer-to-peer fundraising event to save lives from cancer. At Relay For Life events, participants celebrate people who have been touched by cancer, remember loved ones lost and take action for lifesaving change. Together, we can beat our biggest rival.

The American Cancer Society (ACS) is the only organization fighting cancer on every front. Funds raised from Relay For Life events allow ACS to fight cancer in multiple ways, each of them critical to achieving a world without cancer. From developing breakthrough therapies and innovative research, to building supportive communities that come together to help those affected by cancer with access to treatment.

Phone Numbers:

Breast Care Center

315-624-5764

Chelsea Hammont, PA-C

Christopher Max, MD

John Sperling, MD

Mark Williams, MD

Holly Burline, Nurse Navigator

315-624-5319

Alexandra Battista, Oncology Social Worker

315-624-5241

Marie Smith, Clinical Trials Coordinator

315-624-5705

MVHS Imaging Center

315-624-5510

The American Cancer Society 24/7 Service

1-800-227-2345

The After Breast Cancer support network, created by women who have had breast cancer, is in its 27th year. The group is dedicated to providing education, information and emotional support to women and men who are facing biopsy, surgery or recovery from breast cancer. Monthly meetings focus on positive measures to return normalcy to the chaos that cancer presents in our lives. Meetings are free and open to the public. To receive the email version of the newsletter contact cancerinfo@mvhealthsystem.org or call 315-624-5764.



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Calendar:

Saturday, May 11, 2019, 11 a.m.

Alexandra Battista, licensed master social worker (LMSW), is an oncology social worker at the MVHS Cancer Center Program in Utica, New York. In her role as oncology social worker, Alexandra supports patients and families at all points throughout the disease continuum through advocacy, supportive counseling, relaxation training and referrals to available health system and community resources.

Alexandra facilitates a monthly support group for patients and their families. Alexandra graduated Summa Cum Laude from Boston University with a Bachelors of Arts in Sociology in 2008 and received a Master of Social Work from Boston College in 2010. She is a member of the Association of Oncology Social Work (AOSW) and is currently pursuing Oncology Social Worker Certification (OSW-C).

Alexandra will be joining us to speak about the various issues that accompany breast cancer survivorship and strategies for addressing these challenges as well as improving quality of life.

Reminder:

The ABC Newsletter and meeting notice is a bimonthly publication sent electronically. Please make sure that we have your email by emailing us at cancerinfo@mvhealthsystem.org if you have not been receiving newsletters. The newsletter can always be viewed at mvhealthsystem.org/abc. If you do not have an email address, please call 315-624-5764 and we will be happy to accommodate you.

Upcoming Events:

Stomp Out Cancer Telethon

Wednesday, March 27, 2019

Location: Cancer Center Lobby

Faxton Campus 1675 Bennett Street, Utica.

Time: Noon to 8 p.m.

Women's Health Event

Wednesday, May 22, 2019

Location: The Center for Rehabilitation and continuing Care Services, Soggs Room, St. Luke's Campus, 1650 Champlin Avenue, Utica.

Time: 4:30 p.m. to 6:30 p.m.

National Cancer Survivors Day

Sunday June 2, 2019

Location: Harts Hill Inn

135 Clinton St, Whitesboro, NY 13492

Time: 9:30 a.m. to 11:30 a.m.

Relay for Life MVCC

Saturday, June 8, 2019

Sunday, June 9, 2019

Time: Noon to noon

