

ABC

AFTER BREAST CANCER SUPPORT NETWORK

Established by Karen Christensen in 1990

There is strength in a group that is greater than each of its members

JUNE/JULY 2019

Affiliate of the Mohawk Valley Health System, Utica, NY

Note:

All ABC meetings, unless otherwise noted, are held at Mohawk Valley Health System (MVHS) Center for Rehabilitation and Continuing Care Services (CRCCS), Community Room, 1650 Champlin Avenue, Utica.

Calendar:

Saturday, June 15, 2019 at noon.

Carol A. Cantor, certified mastectomy fitter, has been in the healthcare arena for 40 years. She was the executive director of MVHS Center for Rehabilitation and Continuing Care Services (CRCCS) for 17 years and was a licensed respiratory therapist for 30 years.

Her goal as executive director was to provide cost effective care without sacrificing quality. In her second career, she continued her thirst for education and patient care and became a certified mastectomy fitter.

Carol is a breast cancer survivor who has experienced the path to recovery which included chemotherapy and radiation. To add to the other numbers in her bio, she has been cancer free for 24 years!

Carol is contracted with Discount Medical Equipment & Supplies, with an office in New Hartford. Carol will bring bra catalogs and share any information with those who attend.

Phone Numbers:

Breast Care Center

315-624-5764

Chelsea Hammont, PA-C

Christopher Max, MD

John Sperling, MD

Mark Williams, MD

Holly Burline, Nurse Navigator

315-624-5319

Alexandra Battista, Oncology Social Worker

315-624-5241

Marie Smith, Clinical Trials Coordinator

315-624-5705

MVHS Imaging Center

315-624-5510

The American Cancer Society 24/7 Service

1-800-227-2345

The After Breast Cancer support network, created by women who have had breast cancer, is in its 27th year. The group is dedicated to providing education, information and emotional support to women and men who are facing biopsy, surgery or recovery from breast cancer. Monthly meetings focus on positive measures to return normalcy to the chaos that cancer presents in our lives. Meetings are free and open to the public. To receive the email version of the newsletter contact cancerinfo@mvhealthsystem.org or call 315-624-5764.



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The luncheon will take place at 69 Steakhouse, located at 409 Oriskany Boulevard, Whitesboro.

Lunch will be ordered off the restaurant's wonderful menu selection and paid for individually. If you are unable to sign up at the April or May ABC meetings, a phone reservation can be placed with Marcia Caldwell at 315-507-5648, no later than Monday, June 10, 2019. We look forward to seeing you there.

Please remember that this will be our last meeting until September, 2019.

Reminder:

The ABC Newsletter and meeting notice is a bimonthly publication sent electronically. Please make sure that we have your email by emailing us at cancerinfo@mvhealthsystem.org if you have not been receiving newsletters. The newsletter can always be viewed at mvhealthsystem.org/abc. If you do not have an email address, please call 315-624-5764 and we will be happy to accommodate you.

Upcoming Events:

Women's Health Event

Wednesday, May 22, 2019

Location: Center for Rehabilitation & Continuing Care Services, Soggs Room, St. Luke's Campus

1650 Champlin Avenue, Utica.

Time: 4:30 p.m. to 6:30 p.m.

National Cancer Survivors Day

Sunday, June 2, 2019

Location: Harts Hill Inn

135 Clinton St, Whitesboro, NY 13492

Time: 9:30 a.m. to 11:30 a.m.

Relay for Life MVCC

Saturday, June 8, 2019

Sunday, June 9, 2019

Time: Noon to noon.

