



Occupational Therapy

Occupational therapists help you to become as independent as possible using the skills and abilities you have. Treatment focuses on learning new or different ways to do everyday tasks, and regaining skills through individualized treatment programs.

Physical Therapy

Physical therapists use individualized treatment techniques and assistive device recommendations in an effort to improve your independence, mobility, muscle strength and balance.

Discharge Planning

In order to develop a plan to get you home safely, it is important to identify resources within your family and community that strengthen your support system. Discharge planners support patients and families in coping with changes in their environment, relationships and personal lives.

Speech-Language Pathology

Speech-language pathologists help patients who have difficulty communicating due to an inability to comprehend others or speak. Treatment is also provided for patients with problem solving, memory and swallowing disorders.

Psychology

Psychologists help you and your family understand and adjust to the recent changes in your life style.

Therapeutic Recreation

The therapeutic recreation specialist plans recreational and social activities to assist you in using physical, social and mental abilities.

Dietitian

The dietitian will talk with you about your diet and together you will create a personalized diet that promotes good health.



Choosing a CARF accredited program ensures that patients are receiving care that is patient-focused and meets national standards of excellence.

Call **(315) 624-8788** to learn more or visit **www.faxtonstlukes.com**.



Center for Rehabilitation
& Continuing Care Services
1650 Champlin Avenue
Utica, NY 13502

Comprehensive
Integrated Acute
Inpatient Rehabilitation





Where a patient chooses to go for rehabilitation directly affects his or her recovery. Mohawk Valley Health System's (MVHS) Acute Inpatient Rehabilitation Program offers patients a specialized and intensive program. As a result, patients generally achieve better outcomes and enjoy greater independence when they return home. Our team is here to support you and your family each step of the way.

Our Comprehensive Integrated Acute Inpatient Rehabilitation Program is dedicated to providing patients with high quality, individualized rehabilitation in a supportive environment.

We Can Help

If you or a loved one has experienced any of these conditions, please ask about our program:

- Stroke
- Brain or spinal cord injury
- Amputation
- Neurological disease
- Complicated orthopedic conditions.

Patients accepted to the Acute Inpatient Rehabilitation Program must require at least two forms of therapy and be able to participate in a minimum of three hours of therapy, five days a week.

Our Rehabilitation Unit

The Acute Inpatient Rehabilitation Unit (IRU) is located at the Center for Rehabilitation and Continuing Care Services and features a warm Adirondack theme to give the unit a home-like feel. With 19,000 square feet, the spacious unit has 10 private rooms and seven semi-private rooms, all of which have large, handicap-accessible bathrooms.

The unit features a transitional living center equipped with new kitchen and laundry appliances, and a simulated marketplace. These allow patients to practice everyday skills using new techniques and assistive devices, including how to get food from the stove to the table or doing laundry. Patients also have exclusive use of a new dining room and rehabilitation gym, all located within the unit.

Quality Care

In 2014, MVHS was re-accredited for a three year period by the Commission on Accreditation for Rehabilitation Facilities (CARF), an independent, nonprofit organization focused on advancing the quality of services and outcomes available to rehabilitation patients. Choosing a CARF accredited program ensures that patients are receiving care that is patient-focused and meets national standards of excellence.

A Team Approach

An interdisciplinary team of qualified professionals combine their individual expertise to provide patients with the best possible plan of care. Our team includes:

You

You and your family are the most important members of our rehabilitation team. We value your ideas and involvement in planning your treatment program and setting goals for recovery.

Physiatrist

Your treatment program is under the direction of a physiatrist, a doctor specializing in physical medicine and rehabilitation. The physiatrist will provide you with medical care and direct your rehabilitation program.

Nursing

Rehabilitation nurses are available 24 hours a day and are specially trained to provide rehabilitative care and follow through on the rehabilitation plan of care. The majority of our nurses are certified rehabilitation registered nurses (CRRN), who have earned this special credential after passing a national exam demonstrating rehabilitation expertise.