MEASURING QUALITY OF CARE

The Mohawk Valley Health System (MVHS) is able to offer rehabilitation services in a variety of settings and at different intensities, allowing our patients to receive therapy at the level that is most beneficial to their recovery.

Whether patients receive therapy as an inpatient, outpatient or in the comfort of their home, each benefits from our Rehabilitation team’s exceptional commitment to providing high quality, compassionate care.

With a focus on positive outcomes and patient experiences, our Rehabilitation team is dedicated to achieving clinical excellence and exceeding patients’ expectations. From the pursuit of continuing education to involvement with nationally recognized research endeavors, the MVHS Rehabilitation team is on the cutting edge of best practices in its field of expertise.

In recognition of the quality services MVHS offers, many of our programs have earned awards and accreditation, including the Acute Inpatient Rehabilitation Program. In 2017, the program was re-accredited for a three-year period by the Commission on Accreditation for Rehabilitation Facilities (CARF). CARF-accredited programs demonstrate a commitment to the organization’s high standards for patient safety and success. This report highlights the Rehabilitation team’s positive outcomes over the past year.

“As a 46-year-old stroke patient, I was very scared and didn’t know what to expect. When I first arrived at the IRU, I was welcomed by the staff. It was the staff’s priority to make me feel as comfortable and safe as possible. My stay here has been truly a home away from home. The staff treated me with the utmost respect. The therapists not only knew what they were doing, they truly care and are excited about your personal progress. The nurses and care attendants were so personable, it made my stay here extremely comfortable. I came in unable to walk and through hard work on my part and the dedication of EVERYONE, I’m walking out of here. Thanks to everyone!”

– MVHS IRU Patient
ABOUT MVHS ACUTE INPATIENT REHABILITATION UNIT (IRU):

The MVHS IRU is an intensive inpatient rehabilitation program designed to get you home quickly. Patients receive at least 3 hours of intensive therapy per day and are closely monitored by a specialized physician.

Diagnoses of patients that enter the unit range from orthopedics to major, multiple trauma.

MVHS IRU IS THE ONLY CARF-ACCREDITED IRU BETWEEN SCHENECTADY AND SYRACUSE.
94.4 percent of the patients discharged from the Acute Inpatient Rehabilitation Program report that they maintain their own care and independence 90 days after discharge.

93.2 percent of patients were living independently at home 90 days after discharge from the Acute Inpatient Rehabilitation Program. Most of our patients go home and stay home.
Our patients achieve a high level of function during their rehabilitation stay. Our staff uses the Functional Independence Measure (FIM) to rate a patient’s ability to carry out functional skills such as eating, bathing, dressing and walking. A higher discharge score shows a higher level of independence.

LOSE is a correlation of the length of stay and FIM gain score. LOSE indicates the gain in functional status of the patient during his or her rehabilitation stay. This means MVHS patients showed greater improvement over less time. (Numbers are out of 4.00.)
Anne Mathews, MD, is the medical director of Inpatient Rehabilitation at the Center for Rehabilitation and Continuing Care Services of MVHS.

The 24-bed unit is dedicated to the rehabilitation of people with disabilities from stroke, head injuries, amputation, spinal cord injury, multiple traumas and other disabling conditions. The unit is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), the international agency responsible for setting the standards for delivery of superior rehabilitative care.

Dr. Mathews received her Doctor of Medicine and completed an internship at Trivandrum Medical College Hospital in Trivandrum, Kerala, India. She completed a residency in Internal Medicine at Long Island College Hospital and a residency in Physical Medicine and Rehabilitation at SUNY Health Science Center at Brooklyn, both in Brooklyn, New York. Dr. Mathews is certified by the American Board of Physical Medicine and Rehabilitation with subspecialty board certifications in Pain Management and Neuromuscular Medicine.

**MEET ANNE MATHEWS, MD**

**WHAT WE OFFER THAT OTHERS DON’T:**

- Close medical supervision by a physician with specialized training.
- 24-hour care by registered nurses who are specially trained in rehabilitation.
- Medical care and therapy provided by a physician-led multidisciplinary medical team including specialty trained registered nurses.
- A minimum of 3 hours of intensive therapy per day, 5 days a week.
- A comprehensive approach to therapy including physiatry, nursing, occupational therapy, physical therapy, speech/language pathology, psychology, therapeutic recreation, a dietician and neuropsychology.
MOHAWK VALLEY HEALTH SYSTEM REHABILITATION SERVICES CONTACT INFORMATION

INPATIENT REHABILITATION

Acute
315-624-8788

Subacute
315-624-8667

HOME CARE REHABILITATION

Visiting Nurse Association of Utica and Oneida County
315-624-HOME (4663)

OUTPATIENT REHABILITATION

Services at the Faxton Campus
Physical, occupational, aquatic, vestibular, lymphedema and hand therapies
315-624-5400

Speech-Language Pathology, Audiology and Hearing Instrumentation Services
315-624-5455
Cardiac Rehabilitation
315-624-5335

Pulmonary Rehabilitation
315-624-5391

Vist mvhealthsystem.org/rehab for more information about our services.