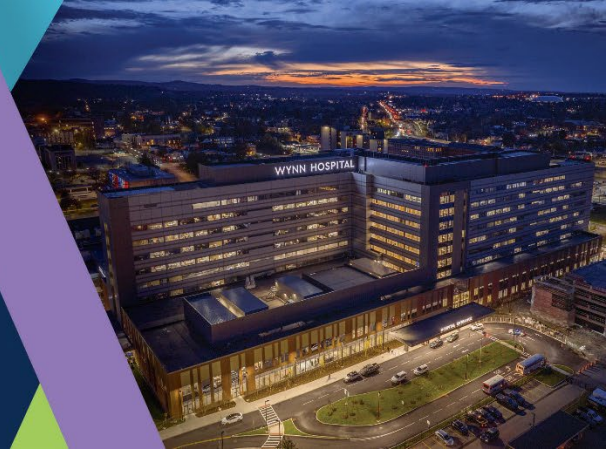


Just the Facts

MVHS & WYNN HOSPITAL

There's so much happening in healthcare in our region – at times it's hard to stay updated! That's why Just the Facts is being reinvigorated. This weekly publication, published on Tuesdays, will provide you with the latest information about MVHS and the Wynn Hospital!



TOPIC FOR TUESDAY, OCTOBER 1, 2024:

Breast Care Center at MVHS

Mohawk Valley Health System (MVHS) has one of the only breast care centers in the area. The Breast Care Center can address any breast issue or concern – from routine annual screenings to genetic testing to addressing breast pain or other concerns, the Breast Care Center is here to help.

And for those who are diagnosed with breast cancer, the MVHS Breast Care Center offers a Multi-disciplinary Clinic where patients have the opportunity to meet with the entire care team in a single office visit.

The Breast Care Center Care team includes:

- Radiologist
- Pathologist
- Radiation Oncologist
- Medical Oncologist
- Surgeon
- Social Worker
- Nurse Navigator
- Breast Care Center staff.



Prior to the visit, the team will meet and create a collaborate plan of care to help patients understand the diagnosis, plan treatment and receive guidance from the entire care team – all in one appointment. The clinic is the first of its kind in the Mohawk Valley.

FAQs

To kick off Breast Cancer Awareness Month, here are some frequently asked questions the Breast Care Center gets asked about breast care and routine screenings:

When should I get screened?

Routine screening begins at age 40, but may be initiated prior to age 40 based on personal and family history.

How do I know if I'm at risk of developing breast cancer?

Talk with your primary care provider first about your family history and your personal medical history. In general, women are considered high risk if they have a family history of breast cancer in a first-degree relative (mother, sister or daughter), have an inherited gene mutation or have had breast cancer.

Are mammograms painful?

Every woman's pain tolerance is different, but mammograms are generally not painful. You may experience mild discomfort when the mammogram machine compresses the breast. Most mammogram screenings last less than 15 minutes.

The Breast Care Center is located at the Faxon Campus and can be reached at 315-624-5764. Visit mvhealthsystem.org/breast-care-center to learn more.