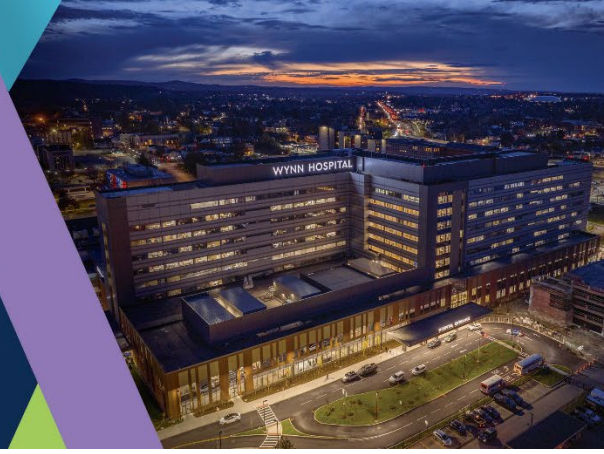


# Just the Facts

MVHS & WYNN HOSPITAL

There's so much happening in healthcare in our region – at times it's hard to stay updated! That's why Just the Facts is being reinvigorated. This weekly publication, published on Tuesdays, will provide you with the latest information about MVHS and the Wynn Hospital!



## TOPIC FOR TUESDAY, NOVEMBER 12, 2024:

### ***MVHS Rehabilitation and Nursing Center and Visiting Nurse Association of Utica and Oneida County Achieve 4-Star Ratings***

Two Mohawk Valley Health System (MVHS) services recently earned a 4-star rating from the federal Centers for Medicare and Medicaid Services (CMS). The Visiting Nurse Association (VNA) of Utica and Oneida County and the MVHS Rehabilitation and Nursing Center (RNC) have each earned this distinction as a top performer in our area for Quality. Additionally, VNA earned four stars for Patient Satisfaction.

RNC's 4-star rating means it ranks at the top among all area nursing homes. VNA also outperforms many of the other Home Health Agencies in the area. A 4-star rating takes hard work and dedication from the entire team at these services. Staff from all areas of the nursing home and home health agency should be proud of what has been achieved for their patients and residents.

#### **Why are star ratings important?**

CMS created its 5-Star rating system to help consumers compare health services based on quality measures. Consumers, their families and their caregivers can access the Medicare Care Compare website to view more information about the healthcare facility or service they are interested in. Consumers can then make an informed decision and ask questions about the facility or service when they are empowered with this knowledge.

#### **About the RNC**

The RNC is a skilled nursing facility offering short-term rehabilitation services and long-term care to its residents. Patients on the rehabilitation unit receive around-the-clock care to work toward their goals, usually after an acute hospital stay, to be able to return to their home or community setting. Residents on the long-term care floors receive around-the-clock care in a home-like environment with activities to enrich residents' lives.

Nursing Homes receive an overall performance rating based on health inspections, staffing and quality measures. Quality measures are divided into short-stay (100 days or less) and long-stay (101 days or more) measures.

Short-stay measures include things like:

- Whether the patient is expected to be able to care for themselves after discharge
- If they are at or above their expected ability to move around after completing their rehab stay.

Long-stay measures track things like:

- Emergency Department visits
- Infections
- Falls with injury.

### **About the VNA**

VNA is a Certified Home Health Agency delivering care to patients in the comfort of their homes. Services for patients who qualify can include skilled nursing, physical therapy, occupational therapy, home health aides and others. VNA patients need short-term services following an acute hospital stay or long-term care to avoid disease exacerbation or hospitalization.

Home Health Services quality star ratings are based on seven quality measures. Some of these measures are:

- Patient care initiated in a timely manner
- Patient got better walking or moving around
- How often patients experience falls with major injury.

Home Health Agencies are also rated on patient satisfaction through a survey administered to patients.