

# STROKE

WITH STROKE EVERY SECOND MATTERS.



## STROKE SUPPORT GROUP AT THE MOHAWK VALLEY HEALTH SYSTEM (MVHS)

The Stroke Support Group is an educational support group for stroke survivors and their caregivers that seeks to provide evidence-based information, mutual support, structure and resources that promote increased independence and quality of life. **The group will meet in person in the Auditorium at the Wynn Hospital, 111 Hospital Drive, Utica. Free valet or garage parking is available. Meetings can also be attended simultaneously on Zoom.** For more information, please call 315-917-8248.

The Stroke Support Group will meet the second Wednesday of every month at 6 p.m.

The dates for January 2025 through December 2025 are as follows:

- January 8, 2025, Scott Brehaut, MD
- February 12, 2025, Maddie Niebanck
- March 12, 2025, Ashley Phipps
- April 9, 2025, Ketevan Berekashvili, MD
- May 14, 2025, Maureen Ghent, RCIL
- June 11, 2025, Stephanie Mobbs, RD, CDN
- July 9, 2025, Summer Celebration
- August 13, 2025, Kevin Yeboah, MD
- September 10, 2025, Deb Casler, MS, OTR-L
- October 8, 2025, Amanda Wallis, MS, OTR-L
- November 12, 2025, Ossama Khazaal, MD
- December 10, 2025, Holiday Party

Here's how to join the Zoom meeting:

Type the following link into your internet browser (Google Chrome, Microsoft Edge, etc.):

<https://zoom.us/j/93093437949?pwd=cUhCV3R4dGl1V1ByM1NaY2RqL0lEQT09>

OR go to [zoom.us/join](https://zoom.us/join) and enter the following meeting ID and passcode when prompted.

**Meeting ID: 930 9343 7949**

**Passcode: U0XdKY**

Please call 315-917-8248 with any questions.

MVHS is the area's only designated Comprehensive Stroke Center. The MVHS Comprehensive Stroke Center is the recipient of the American Heart Association/American Stroke Association's Get With The Guidelines®-Stroke Gold Plus with Honor Roll Elite quality achievement award with Target: Type 2 Diabetes<sup>SM</sup> Honor Roll for excellence in the care of stroke patients.



2024  
GET WITH THE  
GUIDELINES®

GOLD PLUS

TARGET: STROKE HONOR ROLL ELITE  
TARGET: TYPE 2 DIABETES HONOR ROLL

STROKE

